

Regular	No Restriction		Primary			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Assorted Juices Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Ketchup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
Lunch						
Shrimp Creole Steamed Rice Breaded Okra Assorted Breads Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Beef Stew with Potato - - & Vegetables Assorted Breads Margarine Fresh Fruit Boston Cream Pie Choice of Milk Beverage of Choice Salt & Pepper	Ham Loaf Macaroni & Cheese Collard Greens Assorted Breads Margarine Scalloped Peaches Choice of Milk Beverage of Choice Salt & Pepper	Chicken Pot Pie Pickled Beets Assorted Breads Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Smothered Pork Chop Red Bliss Potatoes Buttered Green Beans Assorted Breads Margarine Cinnamon Baked Apple - - Slices Choice of Milk Beverage of Choice Salt & Pepper	Fried Fish Tartar Sauce Parshied Rice Buttered California - - Vegetables Assorted Breads Margarine Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper	Chicken Greek Salad - - Wrap Baked Breaded Zucchini - - Sticks Marble Cake Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Chicken Chef Salad Salad Dressing Vg Pasta Primavera Assorted Breads Margarine Fruit Sorbet Choice of Milk Beverage of Choice Salt & Pepper	Tomato Soup Grilled Cheese Sandwich Baked Breaded Squash Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Grilled Salmon Au Gratin Potatoes Broccoli Florets Assorted Breads Margarine Chocolate Mousse Choice of Milk Beverage of Choice Salt & Pepper	Meatloaf Mashed Potatoes Instant Seasoned Carrots Assorted Breads Margarine Red Velvet Cake with - - Cream Cheese Frost Choice of Milk Beverage of Choice Salt & Pepper	Vegetarian Lasagna Tossed Salad Salad Dressing Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Soft Ground Beef Taco Sour Cream Salsa Black Beans Mandarin Orange Fluff Choice of Milk Beverage of Choice Salt & Pepper	Bbq Pork on Bun Cole Slaw Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper

Week-At-A-Glance
(One ledger and one legal size with each set)

Regular	No Restriction	Secondary				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch						
Salisbury Steak Mashed Potatoes Instant Brown Gravy Seasoned Cabbage	Vg Bean & Cheese - - Burrito Corn	Bbq Chicken Roasted Potatoes California Blend - - Vegetables	Egg Salad on Croissant Lettuce Leaf Breaded Vegetable - - Sticks Garden Salad Salad Dressing	Fish Sandwich Tartar Sauce French Fries Ketchup Colorful Cole Slaw	Chicken & Rice - - Casserole Green Beans	Baked Fish Fillet Lemon Wedge Roasted Red Potatoes Broccoli Florets
Dinner						
Tuna Noodle Casserole Garden Salad Salad Dressing	Beef Brisket Roasted Potatoes	Turkey Cutlet with - - Gravy Parslied Rice Buttered Green Beans	Chicken Tarragon Seasoned Noodles California Blend - - Vegetables	Hamburger Steak Rice Snow Pea Pods	Grilled Cheese Sandwich Tomato Soup	Philly Cheese Steak - - Sandwich Mustard Mayonnaise Sauteed Mushrooms Sauteed Peppers & - - Onions

Draft

Secondary Menu available for all lunches and dinners

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Assorted Juices Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Ketchup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Fresh Fruit Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
Lunch						
Crab Cakes Parslied Rice Buttered Green Beans Assorted Breads Margarine German Chocolate Cake Choice of Milk Beverage of Choice Salt & Pepper	Crispy Fried Chicken Macaroni & Cheese Collard Greens Assorted Breads Margarine Coconut Mousse Choice of Milk Beverage of Choice Salt & Pepper	Swedish Meatballs Buttered Egg Noodles Garden Salad Salad Dressing Assorted Breads Margarine Cinnamon Pears Choice of Milk Beverage of Choice Salt & Pepper	Baked Ham with - - Pineapple Glaze 2 Oz Au Gratin Potatoes Green Beans Assorted Breads Margarine Carrot Cake with Cream - - Cheese Frosting Choice of Milk Beverage of Choice Salt & Pepper	Chicken Parmesan Pasta Marinated Cucumber & - - Onions Assorted Breads Margarine Iced Banana Cake Choice of Milk Beverage of Choice Salt & Pepper	Baked Fish Fillet Lemon Wedge Rice Pilaf Stewed Tomatoes Buttered Lima Beans Assorted Breads Margarine Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Bbq Ribs Sweet Potato Fries Colorful Cole Slaw Assorted Breads Margarine Strawberry Shortcake Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Egg Salad on Croissant Lettuce Leaf Potato Salad Tomato & Cucumber Salad Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Sweet & Sour Pork Steamed Rice Oriental Blend - - Vegetable Assorted Breads Margarine Mandarin Oranges Choice of Milk Beverage of Choice Salt & Pepper	Chicken & Rice Steamed Carrots Assorted Breads Margarine Cappuccino Brownie Choice of Milk Beverage of Choice Salt & Pepper	Shrimp & Grits Broccoli Spears Assorted Breads Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Vg Three Bean Chili Corn on The Cob Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Grilled Chicken Breast - - Sandwich Mustard Mayonnaise Tomato & Lettuce Leaf Breaded Vegetable - - Sticks Butterscotch Squares Choice of Milk Beverage of Choice Salt & Pepper	Hamburger Mayonnaise Mustard Tomato & Lettuce Leaf Potato Wedges Ketchup Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper



Primary Menu
with Anytime
Menu

Anytime Menu
Entrées: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich,
Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich
Sides: Soup of the Day, Vegetable of the Day, Tossed Salad with Dressing, Fresh Fruit Cup

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch						
Baked Beef & Ziti - - Casserole Garden Salad Salad Dressing	Beans & Rice Seasoned Squash	Baked Pork Chop Steamed Rice Broccoli Florets	Shepherd's Pie Peas & Carrots	Roast Pork Sandwich Tator Tots Ketchup Cole Slaw	Vegetarian Lentil Soup Steamed Baby Carrots	Tuna Salad in A - - Croissant Tomato & Lettuce Leaf French Fries Ketchup Broccoli Salad
Dinner						
Chicken A La King Mashed Sweet Potatoes Green Peas	Hamburger Steak Macaroni & Cheese Capri Blend Vegetables	Shrimp Creole Grits Breaded Okra	Chicken Cordon Bleu Italian Pasta with - - Marinara Grilled Vegetable - - Medley	Baked Chicken - - Drumsticks Spanish Rice Sliced Tomatoes	Herbed Pork Chop Baked Sweet Potato Margarine Zucchini & Squash	Mediterranean Chicken Steamed Rice Peas & Mushrooms

Draft

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Breakfast						
Assorted Juices Fresh Fruit Cup Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Ketchup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
Lunch						
Chicken & Pasta Alfredo Garden Salad Salad Dressing Assorted Breads Margarine Key Lime Pie Choice of Milk Beverage of Choice Salt & Pepper	Lemon Dill Salmon Steamed Rice Zucchini & Squash Assorted Breads Margarine Assorted Ice Cream Choice of Milk Beverage of Choice Salt & Pepper	Apple Glazed Roast Pork Garlic Mashed Potatoes - - Instant Green Beans Assorted Breads Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Salisbury Steak Roasted Red Potatoes Assorted Breads Margarine Spice Cake Choice of Milk Beverage of Choice Salt & Pepper	Crispy Fried Chicken Macaroni & Cheese Fresh Steamed Okra Assorted Breads Margarine Fruit Sorbet Choice of Milk Beverage of Choice Salt & Pepper	Fried Fish Tartar Sauce Squash Casserole Stewed Tomatoes Assorted Breads Margarine Tropical Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Beef Stroganoff Buttered Egg Noodles Zucchini & Squash Assorted Breads Margarine Strawberry Parfait Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Broccoli Cheese Quiche Roasted Carrots Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Beef Brisket Parmesan Potatoes Green Peas Assorted Breads Margarine Fruit Cobbler Choice of Milk Beverage of Choice Salt & Pepper	Chicken Salad Croissant Tomato & Lettuce Leaf Creamy Cucumber Salad Bread Pudding Choice of Milk Beverage of Choice Salt & Pepper	Shrimp Scampi Steamed Rice Spinach Souffle Assorted Breads Margarine Golden Peach Crumble Choice of Milk Beverage of Choice Salt & Pepper	Grilled Ham & Cheese - - Sandwich Baked Beans Cole Slaw Pineapple Tidbits Choice of Milk Beverage of Choice Salt & Pepper	Breaded Chicken Tenders Honey Mustard Sauce Potato Wedges Ketchup Assorted Breads Margarine Cream Cheese Frosted - - Brownie Choice of Milk Beverage of Choice Salt & Pepper	Turkey Salad Sandwich Tomato & Lettuce Leaf Breaded Mushrooms Frosted Lemon Cake Choice of Milk Beverage of Choice Salt & Pepper

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch						
Meatballs with Gravy Mashed Potatoes Dill Carrots	Chicken Salad & Veg - - Cold Plate Pasta Salad	Herb Baked Fish Lemon Wedge Parslied Rice Broccoli Florets	Pork Fried Rice Oriental Blend - - Vegetable	Hamburger Steak Potato Wedges Ketchup Capri Blend Vegetables	Ranch Chicken Rice Pilaf Seasoned Spinach	Fried Pork Chop Roasted Red Potatoes Garlic Green Beans
Dinner						
Blt Vegetable Soup	Black Bean Chili Breaded Vegetable - - Sticks Capri Blend Vegetables	Beef Lasagna Garden Salad Salad Dressing	Cheese Tortellini with - - Marinara Sauce Garden Salad Salad Dressing	Chicken Caesar Salad Salad Dressing Corn on The Cob	Crab Cakes Remoulade Sauce Pesto Pasta Green Beans	Chicken Noodle - - Casserole Steamed Baby Carrots

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Lunch						
Herb Roasted Pork Loin Baked Potato Sour Cream Margarine Green Beans Assorted Breads Margarine Lemon Meringue Pie Choice of Milk Beverage of Choice Salt & Pepper	Smoked Sausage Steamed Rice Buttered Lima Beans Assorted Breads Margarine Chocolate Cake Choice of Milk Beverage of Choice Salt & Pepper	Crispy Fried Chicken Mashed Sweet Potatoes Collard Greens Assorted Breads Margarine Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Ravioli with Marinara - - Sauce Garden Salad Salad Dressing Assorted Breads Margarine Chocolate Cake Choice of Milk Beverage of Choice Salt & Pepper	Beef Tips in Mushroom - - Sauce Buttered Egg Noodles Seasoned Asparagus Assorted Breads Margarine Pound Cake Choice of Milk Beverage of Choice Salt & Pepper	Baked Fish Fillet Lemon Wedge Grits Grilled Zucchini Tomato & Basil Salad Assorted Breads Margarine Assorted Ice Cream Choice of Milk Beverage of Choice Salt & Pepper	Chicken & Dumplings Garden Salad Salad Dressing Assorted Breads Margarine Peaches & Cream Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Chicken Caesar Salad Caesar Dressing Seasoned Carrots Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Tuna Croquettes Lemon Wedge Rosemary Potatoes Garden Salad Salad Dressing Assorted Breads Margarine Pineapple Yogurt - - Parfait Choice of Milk Beverage of Choice Salt & Pepper	Chili Con Carne Cole Slaw Assorted Breads Margarine Assorted Pudding Choice of Milk Beverage of Choice Salt & Pepper	Baked Pork Chop Wild Rice Steamed Baby Carrots Assorted Breads Margarine Cinnamon Baked Apple - - Slices Choice of Milk Beverage of Choice Salt & Pepper	Shepherds Turkey Pie Capri Blend Vegetables Assorted Breads Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Cheese Pizza Italian Vegetable Blend Pineapple Tidbits Choice of Milk Beverage of Choice Salt & Pepper	Shrimp & Grits Roasted Vegetables Assorted Breads Margarine Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch						
Tuna Noodle Casserole Grilled Vegetable - - Medley	Shaved Turkey Sandwich Mayonnaise Tomato & Lettuce Leaf Potato Salad Vegetable Soup	Fried Fish Sandwich Tartar Sauce Onion Rings Cole Slaw	Roast Turkey with Gravy Mashed Potatoes Instant Green Beans	Fried Pork Chop Fried Rice Oriental Blend - - Vegetable	Meatball Sub Breaded Vegetable - - Sticks Creamy Cucumber Salad	Seasoned Diced Pork Mashed Potatoes Instant Steamed Baby Carrots
Dinner						
Reuben Sandwich Sweet Potato Fries	Quiche Lorraine Parmesan Garlic Orzo Broccoli Florets	Vg Taco Salad Salsa Pinto Beans	Cheeseburger Mayonnaise Mustard Tomato & Lettuce Leaf Potato Wedges Ketchup	Tuna Croquettes Mixed Greens Salad Salad Dressing	Rosemary Roasted - - Chicken Parslied Rice Grilled Vegetable - - Medley	Vg Loaded Baked Potato Sour Cream Margarine Black Beans

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Lunch						
Pot Roast Mashed Potatoes Dill Carrots Assorted Breads Margarine Mandarin Oranges Choice of Milk Beverage of Choice Salt & Pepper	Brunswick Stew with - - Pork Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Bruschetta Chicken Pasta Italian Blend - - Vegetables Assorted Breads Margarine Chocolate Pudding - - Parfait Choice of Milk Beverage of Choice Salt & Pepper	Bbq Pork Chop Baked Sweet Potato Margarine Seasoned Spinach Assorted Breads Margarine Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper	Beef Tips in Mushroom - - Sauce Buttered Egg Noodles Garlic Green Beans Assorted Breads Margarine Tropical Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Crispy Oven Fried - - Haddock Tartar Sauce Macaroni & Cheese Seasoned Turnip Greens Assorted Breads Margarine Cinnamon Baked Apple - - Slices Choice of Milk Beverage of Choice Salt & Pepper	Turkey Tetrazzini with - - Noodles Grilled Vegetable - - Medley Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Turkey Chef Salad Salad Dressing Vg Pasta Primavera Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Beef Lasagna Garden Salad Salad Dressing Assorted Breads Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Tuna Noodle Casserole Marinated Cucumber & - - Onions Assorted Breads Margarine Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Cheese Pizza Garden Salad Salad Dressing Black & White Brownie Choice of Milk Beverage of Choice Salt & Pepper	Italian Chicken Parslied Rice Cheesy Broccoli Bake Assorted Breads Margarine Assorted Ice Cream Choice of Milk Beverage of Choice Salt & Pepper	Pulled Pork Tacos Black Beans Angel Macaroons Choice of Milk Beverage of Choice Salt & Pepper	Hot Roast Beef Sandwich Sweet Potato Fries Tangy Cole Slaw Pound Cake with - - Peaches & Cream Choice of Milk Beverage of Choice Salt & Pepper

Diet by Week Cycle: FUJI Spring Summer 5th Week

Regular	No Restriction		Secondary			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch						
Turkey Club Sandwich Mayonnaise Marinated Cucumber & - - Onions	Beef Pepper Steak Capri Blend Vegetables	Marinated Pork Loin Garlic Mashed Potatoes - - Instant Roasted Carrots	Chicken Quesadilla Sour Cream Salsa Black Beans Garden Salad Salad Dressing	Broiled Shrimp Risotto Rice Baked Tomato Half	Ravioli with Marinara - - Sauce Tossed Salad Salad Dressing	Baked Ham Scalloped Potatoes French Green Beans
Dinner						
Fish Taco Guacamole Salsa Corn on The Cob	Buffalo Chicken Wrap Cole Slaw	Cheesy Beef Macaroni Tossed Salad Salad Dressing	Swedish Meatballs Buttered Egg Noodles Seasoned Squash	Vg Pasta Primavera Italian Flat Beans	Seafood Gumbo with Rice Breaded Okra	Pasta Primavera with - - Chicken Garden Salad Salad Dressing

Draft