

**Diet by Week**

Cycle: JAZZ 1st Week

Regular	No Restriction		Primary			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Assorted Juices Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Build- A- Bagel Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
<b>Lunch</b>						
Baked Ham Au Gratin Potatoes Capri Blend Vegetables Assorted Breads Margarine Apple Pie Choice of Milk Beverage of Choice Salt & Pepper	Turkey Blt Sandwich Breaded Vegetable - - Sticks Colorful Cole Slaw Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Beef Taco Casserole Corn Assorted Breads Margarine Assorted Ice Cream Choice of Milk Beverage of Choice Salt & Pepper	Crispy Fried Chicken Macaroni & Cheese Green Beans Assorted Breads Margarine Fruit Cobbler Choice of Milk Beverage of Choice Salt & Pepper	Fried Fish Tartar Sauce French Fries Ketchup California Blend - - Vegetables Assorted Breads Margarine Pineapple Yogurt - - Parfait Choice of Milk Beverage of Choice Salt & Pepper	Chicken & Rice Steamed Baby Carrots Assorted Breads Margarine Black Forest Cake Choice of Milk Beverage of Choice Salt & Pepper	Breaded Pork Chop Mashed Potatoes 5 Way Mixed Vegetable - - Blend Assorted Breads Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper
<b>Dinner</b>						
Chicken Alfredo Pasta Garden Salad Salad Dressing Assorted Breads Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Vg Stir Fry with Rice Crispy Egg Roll Baked Spiced Pears Fortune Cookie Choice of Milk Beverage of Choice Salt & Pepper	Cream of Potato Soup Grilled Ham & Cheese - - Sandwich Fresh Vegetable Sticks Ranch Dressing Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Cheese Pizza Baked Breaded Zucchini - - Sticks Tomato & Basil Salad Fresh Melon Cup Choice of Milk Beverage of Choice Salt & Pepper	Spaghetti with Meat - - Sauce Caesar Salad Caesar Dressing Assorted Breads Margarine Chocolate Pudding Choice of Milk Beverage of Choice Salt & Pepper	Tuna Salad in A - - Croissant Tomato & Lettuce Leaf Breaded Mushrooms Cucumber Slices Ranch Dressing Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Build-a-burger Sweet Potato Nuggets Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper

Anytime Menu

Entrees: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich, Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich  
Sides: Soup of the Day, Vegetable of the Day, Tossed Salad with Dressing, Fresh Fruit Cup

**Diet by Week**

Cycle: JAZZ 2nd Week

Regular	No Restriction		Primary			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Assorted Juices Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Egg, Cheese, Bacon on - - Bagel Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Fresh Fruit, Yogurt & - - Granola Parfait Assorted Breakfast - - Breads Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
<b>Lunch</b>						
Sliced Turkey Poultry Gravy Bread Dressing Broccoli & Cheese Bake Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Garlic Herb Pork - - Tenderloin Baked Sweet Potato Margarine California Blend - - Vegetables Assorted Breads Margarine Blueberry Pie Choice of Milk Beverage of Choice Salt & Pepper	Meatloaf Mashed Cauliflower Green Beans Assorted Breads Margarine Assorted Ice Cream Choice of Milk Beverage of Choice Salt & Pepper	Baked Chicken Italian Pasta Salad Fresh Vegetable Sticks Ranch Dressing Assorted Breads Margarine Fresh Melon Cup Choice of Milk Beverage of Choice Salt & Pepper	Fried Shrimp Tartar Sauce Tater Tots Ketchup Jicama Slaw Assorted Breads Margarine Pineapple Upside Down - - Cake Choice of Milk Beverage of Choice Salt & Pepper	Chicken Chow Mein Asian Zucchini Stir Fry Snow Pea Pods Crispy Egg Roll Angel Macaroons Choice of Milk Beverage of Choice Salt & Pepper	Pulled Pork on Ww Bun Baked Beans Cucumber Slices Ranch Dressing Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper
<b>Dinner</b>						
Baked Fish Fillet Lemon Wedge Orzo Pilaf Baked Tomato Half Assorted Breads Margarine Tropical Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Tomato Soup Grilled Cheese Sandwich Breaded Vegetable - - Sticks Mixed Berry Cup Parfait Choice of Milk Beverage of Choice Salt & Pepper	Tuna Noodle Casserole Grilled Vegetable - - Medley Assorted Breads Margarine Mandarin Orange Fluff Choice of Milk Beverage of Choice Salt & Pepper	Soft Ground Beef Taco Salsa Sour Cream Refried Beans Key Lime Pie Choice of Milk Beverage of Choice Salt & Pepper	Baked Ham & Cheese - - Casserole Garden Salad Salad Dressing Assorted Breads Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Egg Bake with Cheese & - - Hashbrowns Roasted Carrots Assorted Breads Margarine Strawberry Crunch Choice of Milk Beverage of Choice Salt & Pepper	Beef Macaroni & Cheese - - Casserole Italian Blend - - Vegetables Assorted Breads Margarine Cheesecake Choice of Milk Beverage of Choice Salt & Pepper

Anytime Menu

Entrees: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich, Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich  
Sides: Soup of the Day, Vegetable of the Day, Tossed Salad with Dressing, Fresh Fruit Cup

**Diet by Week**

Cycle: JAZZ 3rd Week

Regular	No Restriction		Primary			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Assorted Juices Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Build- A- Bagel Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
<b>Lunch</b>						
Pot Roast with Gravy Mashed Potatoes Glazed Carrots Assorted Breads Margarine Chocolate Cake Choice of Milk Beverage of Choice Salt & Pepper	Shrimp Stir Fry with - - Rice Oriental Vegetables Vegetable Egg Roll Pineapple Tidbits Choice of Milk Beverage of Choice Salt & Pepper	Hamburger Casserole Roasted Corn & Red - - Peppers Assorted Breads Margarine Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper	Crispy Oven Fried - - Chicken Macaroni & Cheese Capri Blend Vegetables Assorted Breads Margarine Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Sloppy Joe on Bun Tater Tots Ketchup Tossed Salad Salad Dressing Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Herb Baked Fish Lemon Wedge Fried Okra Grilled Vegetable - - Medley Assorted Breads Margarine Sherbet Choice of Milk Beverage of Choice Salt & Pepper	Breaded Chicken Tenders Honey Mustard Sauce Sweet Potato Fries Assorted Breads Margarine Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper
<b>Dinner</b>						
Turkey Pot Pie Assorted Breads Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Cheese Pizza Baked Breaded Zucchini - - Sticks Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Pulled Pork Tacos Salsa Sour Cream Mexican Salad Salad Dressing Cinnamon Pears Choice of Milk Beverage of Choice Salt & Pepper	Build -a- Sandwich Baked Beans Cole Slaw Chocolate Brownie Choice of Milk Beverage of Choice Salt & Pepper	Grilled Chicken Breast Rice Pilaf Broccoli with Cheese - - Sauce Assorted Breads Margarine Fruit Cobbler Choice of Milk Beverage of Choice Salt & Pepper	Smothered Pork Chop Seasoned Noodles Italian Flat Beans Assorted Breads Margarine Roasted Peach Sundae Choice of Milk Beverage of Choice Salt & Pepper	Vegetable Lasagna Garden Salad Salad Dressing Assorted Breads Margarine Mandarin Oranges Choice of Milk Beverage of Choice Salt & Pepper

Anytime Menu

Entrees: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich, Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich  
Sides: Soup of the Day, Vegetable of the Day, Tossed Salad with Dressing, Fresh Fruit Cup

**Diet by Week**

Cycle: JAZZ 4th Week

Regular	No Restriction		Primary			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
Assorted Juices Breakfast Casserole Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Fresh Fruit Cup Scrambled Eggs Sausage, Bacon Or Ham Potatoes Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Fresh Fruit, Yogurt & - - Granola Parfait Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Margarine Table Syrup Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Assorted Breakfast - - Breads Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
<b>Lunch</b>						
Shrimp Alfredo Pasta Garden Salad Salad Dressing Assorted Breads Margarine Pineapple Tidbits Choice of Milk Beverage of Choice Salt & Pepper	Baked Ham Baked Sweet Potato Margarine Cauliflower Au Gratin Assorted Breads Margarine Fruit Pie Choice of Milk Beverage of Choice Salt & Pepper	Hot Dog with Chili on - - Bun Baked Beans Cole Slaw Marble Cake Choice of Milk Beverage of Choice Salt & Pepper	Crispy Fried Chicken Macaroni & Cheese Steamed Broccoli Assorted Breads Margarine Fruit Cobbler Choice of Milk Beverage of Choice Salt & Pepper	Sweet & Sour Pork Steamed Rice Oriental Vegetables Egg Roll Assorted Cookie Choice of Milk Beverage of Choice Salt & Pepper	Fish Taco Salsa Mexican Salad Salad Dressing Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Grilled Chicken Breast - - Sandwich Mayonnaise Tomato & Lettuce Leaf French Fries Ketchup Fresh Vegetable Sticks Ranch Dressing Chocolate Brownie Choice of Milk Beverage of Choice Salt & Pepper
<b>Dinner</b>						
Bbq Chicken Corn on The Cob California Blend - - Vegetables Assorted Breads Margarine Assorted Ice Cream Choice of Milk Beverage of Choice Salt & Pepper	Tomato Soup Grilled Cheese Sandwich Fresh Vegetable Sticks Ranch Dressing Mixed Berry Cup Parfait Choice of Milk Beverage of Choice Salt & Pepper	Spaghetti with Turkey - - Meat Sauce Capri Blend Vegetables Assorted Breads Margarine Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Build-a-burger Onion Rings Ketchup Cucumber Slices Ranch Dressing Assorted Pudding Choice of Milk Beverage of Choice Salt & Pepper	Turkey Burger Mustard Mayonnaise Tomato & Lettuce Leaf Carrot Sticks Ranch Dressing Strawberry Cup Choice of Milk Beverage of Choice Salt & Pepper	Deep Dish Cheese Pizza Baked Breaded Zucchini - - Sticks Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper	Beef Lasagna Tossed Salad Salad Dressing Assorted Breads Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper

Anytime Menu

Entrees: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich, Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich  
Sides: Soup of the Day, Vegetable of the Day, Tossed Salad with Dressing, Fresh Fruit Cup